SIMPLE LIFE HOMES · RESIDENT GUIDE

Your Home *Cleaning* Checklist



Kitchen · Living Room · Bedroom · Bathroom · Hallway & Stairs · Garden & Patio

SIMPLE LIFE

Kitchen

SURFACES·APPLIANCES · FLOORS · STORAGE

∨ EASY WINS

- [ ] Wipe down all countertops and surfaces
- [ ] Wipe outside of all appliances
- [ ] Wipe toaster and remove crumb tray
- [ ] Wipe all cupboard doors and handles
- [ ] Clean sink, plug hole and taps
- [ ] Wipe splashback tiles
- [ ] Vacuum floor including corners
- [ ] Empty and clean kitchen bin — replace liner
- [ ] Wipe light switch and socket covers
- [ ] Wipe inside and outside of microwave

↗ MEDIUM TASKS

- [ ] Clean hob — remove and soak burner caps
- [ ] Wipe fridge shelves, drawers and door seals
- [ ] Check fridge for expired items and dispose
- [ ] Clean washing machine drum with hot cycle
- [ ] Wipe washing machine door seal and drawer
- [ ] Clean dishwasher filter and wipe door seal
- [ ] Clear and wipe inside of all cupboards
- [ ] Reorganise cupboards and declutter
- [ ] Wipe inside and outside of bin cupboard
- [ ] Mop floor with appropriate cleaner
- [ ] Wipe skirting boards
- [ ] Descale kettle

⬇ DEEP CLEANS

- [ ] Degrease extractor hood and replace/clean filter
- [ ] Clean oven inside — remove racks and soak
- [ ] Wipe oven door glass inside and out
- [ ] Defrost and clean inside of freezer

Living Room

∨ EASY WINS

- [ ] Dust all surfaces, shelves and ornaments
- [ ] Wipe TV screen with dry microfibre cloth
- [ ] Dust and wipe TV unit, media storage and cables
- [ ] Wipe remote controls with antibacterial wipe
- [ ] Wipe skirting boards and architraves
- [ ] Wipe windowsills inside
- [ ] Vacuum floor including under furniture edges
- [ ] Wipe light switch and socket covers
- [ ] Fluff and arrange cushions and throws

↗ MEDIUM TASKS

- [ ] Vacuum sofa — remove and vacuum under cushions
- [ ] Spot clean any fabric stains on sofa
- [ ] Shake out and wash any throws or cushion covers
- [ ] Dust light fittings and lampshades
- [ ] Dust and wipe door frames and tops of doors
- [ ] Wipe radiator covers and grilles
- [ ] Clean windows inside with glass cleaner
- [ ] Wipe fitted blinds slats with damp cloth
- [ ] Mop floor

⬇ DEEP CLEANS

- [ ] Move furniture and clean underneath

Bedroom

EASY WINS

- [ ] Dust all surfaces, bedside tables and shelves
- [ ] Wipe mirrors clean
- [ ] Wipe skirting boards
- [ ] Wipe windowsills and window frame
- [ ] Wipe light switches and sockets
- [ ] Wipe door handle and door frame
- [ ] Wipe fitted mirrored wardrobe doors
- [ ] Air the room — open window for 20 mins

MEDIUM TASKS

- [ ] Strip and wash all bed linen
- [ ] Remake bed with fresh linen
- [ ] Vacuum mattress surface
- [ ] Wipe inside wardrobe rails and shelves
- [ ] Organise drawers — fold and sort
- [ ] Wipe tops of wardrobes and storage
- [ ] Dust light fittings and lampshades
- [ ] Clean windows inside
- [ ] Wipe fitted blinds slats
- [ ] Vacuum carpet — all areas including edges
- [ ] Vacuum under the bed
- [ ] Spot clean any carpet stains

DEEP CLEANS

- [ ] Wash pillows and duvet (check care label)
- [ ] Flip or rotate mattress
- [ ] Declutter wardrobe — donate, fold or rehang
- [ ] Move furniture and vacuum underneath

Bathroom

EASY WINS

- [ ] Wipe toilet seat, lid and hinges
- [ ] Clean flush handle or button
- [ ] Wipe vanity unit and underneath sink
- [ ] Clear and organise bathroom cabinet
- [ ] Dispose of expired products
- [ ] Clean mirror — streak free
- [ ] Clean light pull cord or switch
- [ ] Replace towels and wash used ones
- [ ] Restock toilet roll, soap and essentials
- [ ] Empty and clean bathroom bin
- [ ] Vacuum bathroom floor before mopping

MEDIUM TASKS

- [ ] Clean inside toilet bowl with brush and cleaner
- [ ] Clean outside of toilet bowl and base
- [ ] Wipe behind toilet and floor around base
- [ ] Scrub bath and clean glass shower screen
- [ ] Descale shower head — soak in vinegar if needed
- [ ] Clean shower tray or bath plug and drain
- [ ] Wipe bath taps and fittings
- [ ] Clean sink bowl and plug hole
- [ ] Descale taps and wipe dry
- [ ] Mop tiled floor
- [ ] Wipe skirting boards and sealant edges
- [ ] Wipe extractor fan cover

DEEP CLEANS

- [ ] Scrub tiled walls with tile cleaner
- [ ] Clean grout lines with grout brush
- [ ] Re-seal any grout lines around bath if needed

Garden & Patio

EASY WINS

- [ ] Sweep patio thoroughly including corners
- [ ] Wipe down all garden furniture
- [ ] Clear and wipe outdoor dining area
- [ ] Clean outdoor tap and surrounding area
- [ ] Water any plants or pots
- [ ] Sweep shed floor
- [ ] Check shed door and lock are secure
- [ ] Ensure bins are positioned correctly for collection

MEDIUM TASKS

- [ ] Mow lawn and collect clippings
- [ ] Trim edges of lawn
- [ ] Clear leaves from drains and gullies
- [ ] Clean garden furniture cushion covers
- [ ] Clear fallen leaves and debris
- [ ] Wipe shed shelving and surfaces
- [ ] Wash down wheelie bins inside and out

DEEP CLEANS

- [ ] Jet wash or scrub patio slabs
- [ ] Weed flower beds and borders
- [ ] Prune any overgrown plants or shrubs
- [ ] Clear out shed — dispose of or organise items

Hallway & Stairs

EASY WINS

- [ ] Vacuum hallway floor including corners
- [ ] Wipe front door inside — handle, letterbox, frame
- [ ] Wipe door mat or take outside and shake
- [ ] Wipe skirting boards and walls for scuffs
- [ ] Dust light fitting
- [ ] Wipe light switch

MEDIUM TASKS

- [ ] Sweep and mop hallway floor
- [ ] Declutter shoes — clean or store away
- [ ] Declutter coats and bags on hooks
- [ ] Vacuum carpet on all stairs
- [ ] Vacuum landing carpet
- [ ] Dust and wipe banister and spindles
- [ ] Wipe skirting boards on staircase
- [ ] Clean any scuffs on stair walls
- [ ] Dust light fittings on landing and stairs

Driveway & Parking

EASY WINS

- [ ] Sweep driveway or designated parking bay
- [ ] Clear any rubbish from outside areas
- [ ] Wipe down any outdoor light fittings
- [ ] Check gate or fence for damage
- [ ] Clear and wipe down any outdoor windowsills

MEDIUM TASKS

- [ ] Remove weeds from driveway cracks
- [ ] Clean front door exterior — handle, number, knocker

General Home

EASY WINS

- [ ] Wipe all internal white doors and handles
- [ ] Clean all mirrors throughout the home
- [ ] Wipe all light switches and socket covers
- [ ] Wipe all windowsills throughout
- [ ] Check and replace any blown light bulbs
- [ ] Check smoke alarm batteries and test
- [ ] Check carbon monoxide detector
- [ ] Wipe down all radiators

MEDIUM TASKS

- [ ] Dust all skirting boards throughout
- [ ] Wipe French doors — glass, frame and handles

DEEP CLEANS

- [ ] Clean inside of all windows throughout
- [ ] Declutter — donate, bin or organise